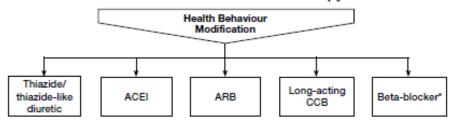


Figure 3.2: CHEP Treatment Algorithm 2016 (Reproduced with Permission, CHEP 2016)

Treatment of Adults with Systolic/Diastolic Hypertension Without Compelling Indications for a Specific Agent

Target <140/90 mmHg Initial Treatment and Monotherapy



A combination of two first-line drugs may be considered as initial therapy if the blood pressure is ≥ 20 mmHg systolic or ≥10 mmHg diastolic above target.

ACEI, ARB and direct renin inhibitors are contraindicated in pregnancy and caution is required in prescribing to women of childbearing potential.

^{*} Beta-blockers are not indicated as first-line therapy for age 60 and above.