



CANADIAN STROKE BEST PRACTICE RECOMMENDATIONS

Stroke Systems of Care

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Box 3: Checklist of Core Transition Summary Information

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Box 3 Checklist of Core Transition Summary Information

Transition Summary to next care setting and primary care provider should include:

- Stroke diagnosis, etiology and date of stroke
- Stroke risk factors
- Past medical history
- Medications
- Summary of hospital course including secondary complications, co-morbid illnesses, relevant investigations (e.g., labs and diagnostic imaging) and any follow up appointments planned/pending
- Summary of stroke impairments, treatments/therapies and education received
- Level of function on transition for ADLs, functional mobility, functional communication, swallowing and diet needs, bladder and bowel function, and instrumental activities of daily living (iADLs) including any supervision or assistance required
- Secondary prevention strategies (and referrals to clinics) and include secondary stroke prevention targets for the individual with stroke
- Mental health, psychological and emotional support needs and access to services
- Social and family history
- Identification of urgent care needs and priority issues
- Advance care plan status
- Community resources and home care services arranged as required
- Crisis placement recommendations if required
- Ongoing and long-term goals
- Recommended future management plan, including rehabilitation therapies, home program, community resources, activities and programs, social and life roles, and outstanding medical consultations
- Equipment and resources prescribed, including what has been provided, and what is pending
- Return to driving recommendations/plan if applicable
- Return to sexual health and meaningful relationships
- Return to vocation (e.g. paid or volunteer employment, or education) recommendations/plan if applicable
- Specific identification of primary care provider follow-up responsibilities
- Means for direct communication between most responsible physician and the primary care provider when needed