

## Box 1A: Signs of Stroke - FAST

Heart & Stroke , [www.heartandstroke.ca/fast](http://www.heartandstroke.ca/fast)

Learn the  
signs of stroke

**F**ace is it drooping?

**A**rms can you raise both?

**S**peech is it slurred or jumbled?

**T**ime to call 9-1-1 right away.

Act **F A S T** because the quicker  
you act, the more of the person you save.

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