



HEART &
STROKE
FOUNDATION

CANADIAN
Stroke
BEST PRACTICE
RECOMMENDATIONS

Canadian Stroke Best Practice Recommendations Webinars are professional education presentations to support the implementation of best practices in stroke care. Links to archived webinars will be added here as they become available. Please address questions and comments to strokebestpractices@hsf.ca.

1. Improve your compliance with stroke best practice across settings and professions: Practical methods for reducing language barriers for patients with aphasia

Presented by Aura Kagan

Overview

You are a busy stroke care provider/researcher/educator – why add aphasia and communication to the mix? This webinar will cover the following:

- Thinking differently about aphasia and why this is relevant to most aspects of stroke recovery and stroke education from Day One
- The benefits and impact of reducing language barriers to Best Practice in stroke care
- Practical, evidence-based methods and resources to reduce language barriers and increase communicative access - with video illustration
- A new free online tool (Communicative Access Measure for Stroke – CAMS) that can be used for quality improvement in hospitals and other settings
- Suggested first steps for individuals and/or organizations

Please complete a brief [evaluation](#) for this session

2. Integration and application of telestroke across the continuum

Presented by Dr. Dylan Blacquiere and Dr. Gail Eskes

Overview

This webinar will discuss updates to the Canadian Stroke Best Practice Recommendations, Telestroke module; practical advice and tips on providing telestroke services; and lessons learned from a cognitive deficit telerehabilitation research project.

Please complete a brief [evaluation](#) for this session

3. Canadian Stroke Best Practice Recommendations Secondary Prevention webinar

Presented by Dr. Patrice Lindsay and Dr. Ashkan Shoamanesh on November 17, 2016

Overview:

- Dr. Patrice Lindsay discusses the core elements of stroke prevention services and application across Canada, along with strategies to use to increase access, including Geoinformatics to support decision-making.
- Dr. Ashkan Shoamanesh provides new updates to secondary stroke prevention best practices for intracerebral hemorrhage.

▶ Please complete a brief [evaluation](#) for this session

4. Stroke Report 2016: the Stroke and Dementia Connection

Presented by Dr. Eric Smith and Dr. Patrice Lindsay on June 9, 2016

Overview:

- Dr. Patrice Lindsay discusses The Heart and Stroke Foundation's Stroke Report. The focus of the report is the relationship between stroke and vascular dementia; preventing stroke will help prevent dementia.
- Dr. Eric Smith's presents trials of treatments for patients with VCI (Vascular Cognitive Impairment). The link between stroke and dementia is stronger than we think.
 - PURE-MIND study.
 - Canadian Alliance for Healthy Hearts and Minds.
 - Treating Symptomatic VCI. Systematic Review by the Canadian Consortium on Neurodegeneration and Aging Vascular Team.

▶ Please complete a brief [evaluation](#) for this session.

5. Emerging Practices in Stroke Rehabilitation: Are They Ready for Prime Time?

Presented by Dr. Robert Teasell and Debbie Hebert on May 19, 2016

Overview:

- Optimizing outpatient and community rehabilitation, including Early Supported Discharge
- What is the new evidence for management of impairment in the lower and upper limb?
- What's new in the assessment and management of dysphagia?
- What implications could the results of the AVERT trial have on rehabilitation practices?

- An overview of the integration of pediatric recommendations into the CSBPR
- ▶ Please complete a brief [evaluation](#) for this session. A link to obtain a certificate of participation is embedded in the evaluation.

6. Turning Best Practice into the Practical: Post-Stroke Depression

Presented by Dr. Elizabeth Gilchrist on March 10, 2016

Overview:

- Understand post-stroke depression (PSD)
 - Learn how to best screen for PSD
 - Learn how PSD is treated once identified
 - A Case Study of Best Practice into the Practical
- ▶ Please complete a brief [evaluation](#) for this session

7. Practical Approaches for Taking Action for Optimal Community and Long-Term Stroke Care (TACLS)

Presented by Patrice Lindsay, Margo Collver and Trudy Taylor on December 14, 2016

Objectives:

- Development of 'Taking Action in Long-Term Stroke Care: A Resource for Healthcare Providers' (TACLS)
- Organization of stroke care in the community
- The team approach to community stroke care
- Practical solutions to challenges in community stroke care:
 - Communication
 - Positioning, Transfers and Mobility
 - Vision, visual perception, and neglect
 - Promoting ongoing rehabilitation and recovery

▶ Please complete a brief [evaluation](#) for this session

8. Acute Inpatient Stroke Care: An Update on the Evidence

Presented by Dawn Tymianski and Melanie Penn on December 10, 2015

Objectives:

- Describe care for the stroke patient after endovascular therapy
- Review best practices for care of the patient with intracerebral hemorrhage
- Identify care of the patient post-hemicraniectomy

- Explain DVT prophylaxis in the hemorrhagic stroke patient
- Identify the goal of acute inpatient stroke care within the stroke care continuum
- Review the components of acute inpatient stroke care based on the Canadian Stroke Best Practice Recommendations
- Identify what is NEW with the 2015 Update
- Focus on assessment and new evidence in cardiovascular investigations, DVT prophylaxis and early mobilization

▶ Please complete a brief [evaluation](#) for this session

9. Vascular Cognitive Assessment: When Where and How?

Presented by Dr. Gail Eskes on November 12, 2015

Learning Objectives:

- To understand the concept of Vascular Cognitive Impairment (VCI)
- To be aware of the Best Practice Recommendations for cognitive screening in VCI
- To become familiar with the practical aspects of cognitive assessment: the Montreal Cognitive Assessment (MoCA) test

Supplementary information: [Montreal Cognitive Assessment Demonstration Video](#)

▶ Please complete a brief [evaluation](#) for this session.